

RESPONSE CARD

Think about your thoughts, feelings, and behavior **DURING THE PAST MONTH.**

Use these frequency rating options to help answer how often the problem has happened in the past month. For each question choose **ONE** of the following responses.

0

S	M	T	W	Th	F	S

Never

1

S	M	T	W	Th	F	S
		X				
					X	

2 times per month

2

S	M	T	W	Th	F	S
		X			X	
		X				
			X			
		X		X		

1-2 times a week

3

S	M	T	W	Th	F	S
	X		X		X	
X		X		X		
	X		X		X	
X		X				

2-3 times a week

4

S	M	T	W	Th	F	S
X	X	X	X	X	X	X
X		X		X		X
	X		X	X	X	
X	X	X	X	X	X	X

Almost every day